



COMMUNITY NEWS

District 1

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H1N1 FLU Update

In April 2009, the novel H1N1 flu (formerly referred to as "swine flu") was first detected in people in the United States. This was a new virus that health officials knew very little about and the outbreak intensified rapidly in just a few weeks. Travel advisories were issued, schools closed and a lot of information was released about the number of cases and rising death count.

While the media attention decreased over the summer, the Centers for Disease Control (CDC), World Health Organization (WHO) and local health officials continued to monitor cases and study pandemic flu trends.

History, over the past century, has shown that a pandemic flu frequently returns a short time later with a higher number of cases and the potential to be more severe. As students return to school, campaigns are beginning nationwide to educate parents, businesses and the community on how to reduce your chance of getting sick and limiting the spread of the virus.

Flu Facts and Prevention

On June 11, 2009, the World Health Organization declared the first Pandemic in 41 years. This action was a reflection of the spread of the new H1N1 virus, not the severity of illness caused by the virus. Most people who have become ill have recovered without requiring medical treatment.

The CDC estimates that between April and June 2009, more than 1 million cases of novel H1N1 flu occurred in the United States. The symptoms of novel H1N1 virus in people are similar to the symptoms of seasonal flu. Symptoms include fever, cough, sore throat, runny or stuffy nose, body aches, headache, chills and fatigue. A significant number of people who have been infected with this virus also have reported diarrhea and vomiting.

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From The Desk Of Commander Scott Popp

Fall is approaching and with the season comes the cooler weather! With triple digits leaving the valley we look forward to spending more time outside. Hand in hand with this comes the perfect opportunity to spend some time in your neighborhoods, getting to know your neighbors.

Many of you have heard me discuss the importance of Neighborhood Watch as a front line defense in preventing and fighting crime. There are cases here in our city that bear testimony to this. Neighborhood Watch is one of the most effective ways for citizens to join law enforcement in the protection of our neighborhoods.

In recent months we have seen an increase in residential burglaries. Proper lighting, trimmed landscape and adequate locks are part of reducing the likelihood of you becoming a victim; but knowing your neighbors and watching out for each other is equally important. Contact your Crime Prevention Officer for a FREE home security survey. For information on organizing a Neighborhood Watch Group please contact Joy Racine at 480-312-2342

There is always something we can do to improve the way we protect ourselves. October 3rd is the official night for G.A.I.N ("Getting Arizona Involved in Neighborhoods") activities. I invite all of you to participate by getting involved and getting to know your neighbors.

Commander Scott Popp
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The novel H1N1 flu spreads from person to person, much in the same way that regular seasonal influenza viruses spread. However, because this is a new virus, most people will not have immunity to it and illness may be more severe and widespread as a result.

The Center for Disease Control (CDC) recommends the following guidelines to help prevent the spread of germs:

- Cover your nose and mouth with a tissue when you cough or sneeze. Throw the tissue in the trash after you use it.
- Wash your hands often with soap and water, especially after you cough or sneeze.
- Avoid touching your eyes, nose or mouth as germs spread this way.
- Try to avoid close contact with sick people.
- If you are sick with flu-like illness, the CDC recommends that you stay home for at least 24 hours after your fever is gone, without the use of a fever-reducing medicine, except to get medical care or for other necessities. Keep away from others as much as possible to limit exposure to others.
- Be prepared in case you get sick and need to stay home for a week or so. A supply of over-the-counter medicines, alcohol-based hand rubs, tissues and other related items might be useful and help avoid the need to make trips out in public while you are sick and contagious.

For more information visit the following web sites:

Maricopa County Public Health <http://www.cir.org/>

Centers for Disease Control H1N1 <http://www.cdc.gov/>

Arizona Department of Health Services
<http://www.azdhs.gov/>

For more information on crime prevention or additional opportunities to get involved in YOUR community contact Crime Prevention Officer Jennifer Wattier at 480-312-0275, email jwattier@scottsdaleaz.gov, or District 1 Police Aide Sherry Cross at 480-312-2537, email: scross@scottsdaleaz.gov.

City of Scottsdale Mediation Program

The purpose of the Mediation Program is to provide a way for people to resolve conflict peacefully and to reach a mutually satisfactory solution. Usually the disputes involve neighbors or other situations where people may continue to have contact. Mediations involve helping people resolve a problem or conflict in a safe, non-threatening environment. In a mediation session each person explains the problem, what they want and what they are willing to do to resolve the problem.

Utilizing the Mediation Program is a good option for many reasons. There is no cost for services and they are available at various times and locations throughout Scottsdale. Most importantly, unlike arbitration or the court system, the people in conflict have the opportunity to actively participate in the session with the goal of producing their own agreement, instead of having decisions made for them by others.

After mediation, staff is available to provide additional assistance as needed. The Mediation Program is provided by the City of Scottsdale for residents who live in Scottsdale. For more information contact 480-312-8255.

Upcoming Events

Business Watch: Business Owners, you are invited to attend a FREE presentation on "Alarm Systems." Learn about features to consider when purchasing an alarm system, alarm system city codes and how to reduce "false alarms". Tuesday September 8th, 2009; 2:00p.m.-3:00 p.m. at La Marada Desert Center 8950 E. Pinnacle Peak Road. For more information and to register contact: Officer J. Glenn at 480-312-8802

Apartment Alliance: Join us for the next Apartment Alliance meeting on September 16th from 9:00 – 10:00 am at 7601 E. McKellips RD (The new McKellips Station). Attorney Matt Koglmeier will be answering questions about Landlord/Tenant Law.

Public Safety Community Contact Numbers and E-mail Links

- **Scottsdale Police Non-Emergency** 480-312-5000
- **Scottsdale Fire Department** 480-312-8000
- **SPD Drug Enforcement Hotline** - Suspected illegal activity, 480-312-TIPS (Hot lines are not monitored)
- **SPD Traffic Enforcement Hotline** - chronic traffic problems, 480-312-CARS
- **Code Enforcement** 480-312-2546
- **Child Safety Seat Installation** 480-312-BABY
- **CPR/First Aid Classes** 480-312-1817